**Evaluation Essentials: Collecting Record Review Data Activity**

**Your local evaluator is planning to collect some data about the 35 participants in your early childhood obesity prevention program. Which of the following do you think would make good sources and what type of information might you collect?**

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|  | **YES or NO** | **What data could elements could you collect?** |
| **Participant emergency contact file** |  |  |
| **Participant Enrollment Form** |  |  |
| **Participant medical release** |  |  |
| **Participant health form (entry)** |  |  |
| **Participant health form (follow-up)** |  |  |
| **Weekly weigh-in log + BMI test** |  |  |
| **Weekly activity log** |  |  |
| **Dietary journal** |  |  |
| **Case notes** |  |  |